

# Help the heart sing and the mind heal with MUSIC THERAPY



SUPPORT FROM THE  
ROBERT CONNOR DAWES FOUNDATION

## WHAT IS MUSIC THERAPY?

Music is more than just fun and relaxing, it can have a profound impact on our brains. Music therapy is an allied health profession that has been found to improve speech and motor deficits, boost mood, reduce anxiety, enhance quality of life and support young people to express thoughts and feelings. It is non-invasive, uplifting and fun, all of which help the heart sing and the mind heal.



## MUSIC MATTERS GRANTS

The Robert Connor Dawes Foundation offers blocks of 10 in-home or online music therapy sessions to children and young people 25 years and under, Australia wide, who have been diagnosed with a brain tumour. The application process is straightforward - simply visit our website and complete the confidential referral form. We will then make contact to link you in with a Registered Music Therapist (RMT) who will schedule your first session!



### LULU'S STORY

Lulu was initially diagnosed with stage 4 Neuroblastoma at just 8 months old and has had a long journey since then. We were delighted to offer Lulu a Music Matters Grant in 2018 when she was eight years old. Music therapy provided Lulu with a creative outlet, helped her focus, and improved her gross motor skills. Not only did she achieve therapeutic goals, but during her sessions, Lulu also developed a love for singing and performing that continues on!



## ABOUT THE ROBERT CONNOR DAWES FOUNDATION

Inspired by a big heart and brain, the Robert Connor Dawes Foundation was created in June 2013 in the memory of Robert 'Connor' Dawes. During Connor's treatment for a brain tumour, he had weekly sessions of music therapy.

Music was a high note that played on beyond the hour, filling Connor's heart, home, and family with relaxed happy memories. It's this very personal experience that drives us to support other patients and families.



Supporting brain matters in the areas  
of Research, Care and Development

[Rcdfoundation.org](http://Rcdfoundation.org)



To learn more about our grants or  
submit an application, please visit  
[rcdfoundation.org/music-therapy](http://rcdfoundation.org/music-therapy)  
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